Selective Mutism: Strategies for Intervention
OSHLA 2008

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Shaping Vocal-Verbal Skills
Warm up activity

1. Non vocal act, such as stick out tongue, close teeth and smile, place upper teeth on lower lip. These acts were repeated with air flow, creating an approximation of the speech sounds /th, s, f/ respectively.
2. Non vocal blowing act and then stopping of the air stream at the level of the lips, then tongue tip at teeth, then at soft plate, creating an approximation of the speech sounds /p, t, k/ respectively.
3. Repeat above task with voicing (cue, make it noisy) to produce speech sounds /th, z, v, b, d, g/.
4. Introduce vowels by opening mouth after production of consonant. Shape vowel by describing mouth positions (fish mouth - /u/, cave mouth - /ah,/ smile mouth - /e/).
5. Slowly introduce true words with in content of consonant vowel repetitions (say, see, so, Sue, day, do, may, my bye, boo, key, etc.
6. Transfer repeated words to functional words. For example, say word “go” in order to get picture to appear on screen.
7. Continued to generalize us of true words, for example, name word in order to “win” it in card game.