

Filling Your Fluency Files Affordably (For Free!)

by Judy Maginnis Kuster

OSHA - Cleveland, Ohio - March 13, 2010

All of the URLs in this handout are hotlinked

<http://www.mnsu.edu/comdis/handout/2010ohiostutteringhandout.pdf>

(Disclaimer: The URLs on the handout were all functioning Feb. 10, 2010. Because of the nature of the internet, there is no guarantee they will be functioning in the future. Judy Kuster)

FINDING RELIABLE INFORMATION ABOUT STUTTERING ON THE INTERNET

On-line Resources/Collaborations

- Campbell Collaboration- (<http://www.campbellcollaboration.org>)
watch for protocol on stuttering - protocol and description of project
(www.campbellcollaboration.org/lib/download/352/)
- ASHA's N-CEBP (<http://www.asha.org/members/ebp/compendium/>)
members only
- Clinical Guidelines, Royal College of Speech & Language Therapists (2005) (http://rcslt-webtest.test.premierithosting.com/resources/RCSLT_Clinical_Guidelines.pdf) - pages 73-82 - Guidelines for Stammering and Cluttering based on levels of evidence.
- speechBITE - a database that provides open access to a catalogue of Best Interventions and Treatment Efficacy across the scope of Speech Pathology practice. This is an evidence based practice initiative between The University of Sydney and Speech Pathology Australia. (<http://www.speechbite.com/>)
- EBP Briefs - (<http://www.speechandlanguage.com/ebp/index.asp>)
Yaruss and Pelczarski, Evidence-Based Practice for School-Age Stuttering: Balancing Existing Research with Clinical Practice (audio podcast available - <http://www.speechandlanguage.com/podcast/EBPVol2Num4.mp3>)

On-line bibliographies/journals/convention papers

- Efficacy in Stuttering Treatment -
(<http://www.mnsu.edu/comdis/efficacy/stutteringefficacy.html>)
- Cluttering bibliographies - Kuster -
(<http://www.mnsu.edu/comdis/kuster/cluttering/clutterbib.html>)
Bakker -
([http://associations.missouristate.edu/ica/Resources/Bibliographies/English bibliography 9-30-08.pdf](http://associations.missouristate.edu/ica/Resources/Bibliographies/English%20bibliography%209-30-08.pdf))
- Bibliography on Neurogenic Stuttering
(<http://www.mnsu.edu/comdis/kuster/related/neurobib.html>)
- Kuster's classes annotated bibliography
(<http://www.mnsu.edu/comdis/kuster/Bibliography/Bibliography.html>)

- Abstracts of stuttering research from Doctor's Guide to the Internet (<http://www.docguide.com/news/content.nsf/SearchResults?openform&Query=stuttering&so=date&id=48DDE4A73E09A969852568880078C249>)
- ASHA Journals - (AJA, AJSL, SLHR, LSHSS, Leader Online, also has archive of back journals - JSHD - 1990 (last year printed) and JSJR from 1990-1996. Great member benefit! (<http://www.asha.org/publications/journals/>)
- Journal of Fluency Disorders (<http://www.sciencedirect.com/science/journal/0094730X>)
- JSTAR - Journal of Stuttering Therapy, Advocacy and Research (3 volumes) (<http://www.journalofstuttering.com/ListofArticles.html>)
- ASHA Convention Papers - some convention handouts and some PPTs are available for recent conventions
 - 2006 (<http://www.eshow2000.com/asha/2006/handouts.cfm>)
 - 2007 (<http://www.eshow2000.com/asha/2007/handouts.cfm>)
 - Division 4 Education and Resources Committee links to just those on fluency - (www.mnsu.edu/comdis/kuster/teaching/ashaconventionlinks.html)
 - 2008 (<http://www.eshow2000.com/asha/2008/handouts.cfm>)
 - 2009 (<http://www.eshow2000.com/asha/2009/handouts.cfm>) - use keyword stuttering)
- ERIC database - (<http://www.eric.ed.gov/>)
- PubMed - (<http://clinical.uthscsa.edu/pubmed/>) (interface for MEDLINE, National Library of Medicine's bibliographic database)

On-line CEUs and learning about fluency disorders

- Assessment and Treatment of Fluency Disorders in Bilingual Children (<http://www.slhs.umn.edu/assets/pdf/Bil-fluency%20lecture.ppt>)
- SpeechPathology.com - (<http://www.speechpathology.com>) (free for students)
- Linguisystems - (http://www.linguisystems.com/ceu_intro.php)
- ISAD on-line conferences - 1998-2009 (<http://www.mnsu.edu/comdis/kuster/isadarchive/onlineconference.html>)
- Cluttering conference - <https://www.mnsu.edu/comdis/ica1/icacon1.html>
PLEASE COME!! - Starting April 14, 2010

Using Search Engines

- Google
 - <http://www.google.com>
learn search strategies - a few examples (are MANY more)
quotation marks, boolean terms (+, -, OR)
language tools
+pdf or +ppt
 - <http://images.google.com/>
 - <http://news.google.com>

- <http://www.google.com/products>
- <http://video.google.com>
- <http://usgov.google.com>
- <http://print.google.com>
- <http://scholar.google.com/> - a specialized search function that enables you to search specifically for scholarly literature, including peer-reviewed papers, theses, books, preprints, abstracts and technical reports from all broad areas of research. Features "cited by."
- Yahoo - <http://www.yahoo.com>
- Clusty - <http://www.clusty.com>
- Bing - <http://www.bing.com>
- Gigablast - <http://www.gigablast.com>

Hints for when a site disappears

- Check URL very carefully
 - htm vs. html
 - not / : not ; // not /
 - many URLs are case sensitive
 - be sure CAPS lock is not one
 - try deleting /
 - check for underscore (_)
 - paragraph marker
- More tricks to try
 - move backwards
 - add <http://www> at beginning of URL
 - use search engine
- The site may be gone
 - check "cache" in google, yahoo, or gigablast
 - check Way Back Machine - <http://www.archive.org>

MAKING CONNECTIONS

Mailing lists

Listservs

- asha-div4@lists.asha.org is a closed mailing list for Division4 members. To subscribe send an e-mail to asha-div4-request@lists.asha.org . In the subject line write Subscribe Full Name ASHA account number (if you have that available). Leave the body of the message blank.

Yahoo groups - A few examples

- SLPSSTUTTERING is for SLPs who are interested in stuttering
- STUTTERINGCHAT - very active list with over 3700 members
- CLUTTERING - on-line list about cluttering
- PARENTS-W - for parents of children who stutter
- COVERT-S - about covert stuttering

- LIDCOMBE - closed list for those trained in Lidcombe
- SHADYTRAILS
- WOMENLIVINGWITHSTUTTERING
To subscribe - <http://groups.yahoo.com> - You can subscribe through a web-based subscription
<http://www.yahogroups.com/group/nameofthelist> or by sending the following message to nameofthelist-subscribe@yahogroups.com

Creating your own mailing/discussion list -- <http://groups.yahoo.com> -- Follow the directions to create your own mailing list (Start a New Group).

Newsgroups - <http://groups.google.com/>

- alt.support.stuttering

Threaded discussions

- This Works For Me link - (<http://members4.boardhost.com/speakingofspeec/>)
- BrainTalk Communities - (<http://brain.hastypastry.net/forums>)
- ASHA's discussion forums - (<http://www.asha.org/forums> - members only)
- Cluttering web forum - (www.asha.org/forum.aspx?g=posts&t=10737430663)
- ISAD conferences - linked to (<http://www.stutteringhomepage.com>)

Social Networks

- find examples in the "search" function of <http://www.facebook.com>

Blogs

- The Stuttering Brain by Tom Wedig <http://thestutteringbrain.blogspot.com/>
- Make Room for the Stuttering <http://stutterrockstar.wordpress.com/>
- Chasing the Fluency God <http://chasingthefluencygod.blogspot.com/>
- Lori's Journey Dealing with Stuttering <http://lmelnitsky.blogspot.com/>
- Living with an Acquired Neurogenic Stammer
<http://stammerheadshark.wordpress.com/>
- The Stuttering Blog - (<http://dimka.wordpress.com/>)

Text/video messaging

- Instant messaging (IM) - a form of real time, text-based communication between two or more people who sign up a "friends" group to participate (http://en.wikipedia.org/wiki/Instant_messaging)
- skype (<http://www.skype.com>)

Professionals who have special expertise and/or interest in stuttering

- Specialty Board on Fluency Disorders
(http://www.stutteringspecialists.org/specialists_list.html)
- SFA Referral Lists (<http://www.stuttersfa.org/Default.aspx?tabid=109>)

ON-LINE DIAGNOSTIC MATERIALS

Intake, Interview, and Case History Forms and Information

- SCWP's Diagnostic Intake Form for Preschool and School-Age Children
(<http://www.mnsu.edu/comdis/isad8/papers/coleman8/childintake.pdf>)
- SCWP's Diagnostic Intake Form For Teens Who Stutter
(<http://www.mnsu.edu/comdis/isad8/papers/coleman8/adolescentintake.pdf>)
- Janice Westbrook's Parent-Clinician Fluency Assessment
(<http://www.mnsu.edu/comdis/kuster/gjohnson/parentsknowbest.html>)
- Rating my child's stuttering, a form for parents
(<http://www.unl.edu/fluency/pdfs/parents.pdf>)
- Risk Factors Chart - (<http://www.stutteringhelp.org/Default.aspx?tabid=111>)
- SCWP's Stressor Inventory Handout
(<http://www.mnsu.edu/comdis/isad8/papers/coleman8/stressorinventory.pdf>)
- Spanish Phrasing for SLPs
(<http://www.mnsu.edu/comdis/kuster/TherapyWWW/spanish.html>)
- Teacher Checklist for Fluency by Nina Reardon-Reeves
(<http://www.mnsu.edu/comdis/kuster/TherapyWWW/checklist.html>)
- Las Cruces Public Schools Teacher's Rating Scale – Fluency evaluation
(http://lpcs.k12.nm.us/Departments/SPED/Spedform/static/PDF/SLPF_TeacherRatingScale_Fluency.pdf)
- Checklist for Preschool Teachers
(<http://www.latrobe.edu.au/hcs/projects/preschoolstuttering/files/checklist.pdf>)
- Suggestions to include in diagnostic format
 - Child Disfluency Analysis Using 20 Questions For Testing
(<http://www.mnsu.edu/comdis/isad7/papers/eckhardt7/childdisfluencyanalysis.pdf>)
 - Dean Williams' Suggested Diagnostic Methods
(<http://www.mnsu.edu/comdis/isad7/papers/eckhardt7/deanwilliamssuggestions.pdf>)

Sampling Speech Behaviors

- SCWP's Disfluency Count Sheet
(<http://www.mnsu.edu/comdis/isad8/papers/coleman8/countsheet.pdf>)
- Sampling Speech Behaviors
(<http://www.fluencyfriday.org/realtimeanalysis.pdf>) includes Normative data by Hugo Gregory, Bloom/Cooperman's counting disfluencies Real time analysis, 300 syllable analysis form, and Timed sample form from Diane Games Fluency Friday Plus website (<http://www.fluencyfriday.org/>)

- online stopwatch (www.shodor.org/interactivate/activities/stopwatch/)
- Online syllable counter by Ulrich Natke (http://www.natke-verlag.de/silbenzaehler/index_en.html)

Tests Of Attitude

- A-19 Scale (<http://www.fluencyfriday.org/A19scale.pdf>) and form (<http://www.fluencyfriday.org/A19scale2.pdf>) from Fluency Friday Plus - a website by Diane Games
- Gene Brutton's Communication Attitude Test (<http://www.unl.edu/fluency/pdfs/test.pdf>)
 - CAT answers (<http://www.unl.edu/fluency/pdfs/answers.pdf>)
 - CAT scoring (<http://www.unl.edu/fluency/pdfs/CAT-A.pdf>)
- Erickson S24 Scale (<http://www.unl.edu/fluency/pdfs/erickson.pdf>) and Erickson S24 Scale Answers (<http://www.unl.edu/fluency/pdfs/ericksonkey.pdf>)
- Situational Fears/Avoidance (<http://www.fluencyfriday.org/SITUATIONAL%20FEARS.AVOIDANCE.pdf>)
- Situational Anxiety Hierarchy (<http://www.fluencyfriday.org/Situational%20Anxiety%20Hierarchy.pdf>)
- Social Phobia Inventory by John Davidson (<http://www.mnsu.edu/comdis/isad6/papers/molt6.html>) in Larry Molt's "Stuttering and Social Phobia (Social Anxiety Disorder): Background Information and Clinical Implications"
- Assessment of the Child's Experience of Stuttering (ACES) **(draft)** (<http://www.mnsu.edu/comdis/isad8/papers/coleman8/acesdraft.pdf>)

Additional Dx Tools

- The Self Perceptions of Adolescents Who Stutter by M Landera (<http://web.archive.org/web/20060903161425/http://dscholarship.lib.fsu.edu/cgi/viewcontent.cgi?article=1003&context=undergrad>)
 - Self-Efficacy Scale for Adult Stutterers (SESAS) p 56-60
 - Self-Efficacy for Adolescents Scale (SEA-Scale) p. 50-55
 - Locus of Control of Behavior Scale - p. 49
- Tests to differentiate an incipient stutterer (<http://ajslp.asha.org/>)
 Pearl A. Gordon and Harold L. Luper, "The Early Identification of Beginning Stuttering I: Protocols" Am J Speech Lang pathol, May 1992; 1:43-54 (article include Riley's PSI, Cooper's CPC, and Pinzola's protocol)
- Perceptions of Stuttering – (<http://www.stutteringevaluator.org/about.php>)
- Rating my speech (<http://www.unl.edu/fluency/pdfs/MySpeech.pdf>) a form for clinicians to use with children who stutter.
- Rating of Stuttering Scale (<http://www.fluencyfriday.org/StutteringScale.pdf>) from Fluency Friday Plus - a website by Diane Games

- Revised Willoughby Questionnaire for Self-Administration (www.unl.edu/fluency/wquest.pdf)
- What Do I Know About Stuttering (www.unl.edu/fluency/pdfs/TFtest.pdf) - Test for Facts About Stuttering-School-age Children
- CALMS Profile (<http://www.unl.edu/fluency/pdfs/calms.pdf>)
 - CALMS Assessment Rating Scale for School-Age Children Who Stutter (<http://www.unl.edu/fluency/pdfs/calmsrate.pdf>)
 - A Continuum of Linguistically Simple to Complex Speech Tasks (www.unl.edu/fluency/pdfs/contin.pdf)
- David Daly's Cluttering Inventory-R (2006) (<http://www.mnsu.edu/comdis/isad10/papers/daly10/dalycluttering2006R.pdf>)
- Computer Aided Assessment of Cluttering Severity by Klaas Bakker, Florence Myers, Larry Raphael, and Kenneth St. Louis (<http://www.mnsu.edu/comdis/isad8/papers/bakker8/bakker8.html>)
- Age calculator - may be helpful in diagnostic evaluation scoring. (<http://www-users.med.cornell.edu/~spon/picu/calc/agecalc.htm>)
- The CHOPPER Fluency Meter by Joseph Donaher (<http://www.mnsu.edu/comdis/isad8/papers/donaher8/donaher8.html>)
- Measures Of Severity Of Stuttering (<http://www.mnsu.edu/comdis/isad7/papers/eckhardt7/measuresofsevertiy.pdf>)
- Differentiating Developmental, Neurogenic, Psychogenic Stuttering and Malingering by Seery. The entire article available on-line from the ASHA journal site - American Journal of Speech-Language Pathology. 2005 Nov; 14(4) 284-297- (<http://www.asha.org/members/deskref-journals/>)

ON-LINE INFORMATION RESOURCES FOR PARENTS, CAREGIVERS, TEACHERS, and ADULTS and CHILDREN WHO STUTTER

Several information-rich sites

- Stuttering Home Page (<http://www.stutteringhomepage.com>)
- Stuttering Foundation (<http://www.stutteringhelp.org>)
- British Stammering Association (<http://www.stammering.org>)
- National Stuttering Association (<http://www.westutter.org>)

Educating the public about stuttering

- What is Stuttering by ASHA (<http://www.asha.org/public/speech/disorders/stuttering.htm>)
- Stuttering - by NIDCD (<http://www.nidcd.nih.gov/health/voice/stutter.asp>)
- There are many full-length books on stuttering and cluttering listed and linked in the Library (<http://www.mnsu.edu/comdis/kuster/library/library.html>) of the Stuttering Home Page, including

- Myers and St. Louis, Cluttering: A Clinical Perspective Leicester: FAR Communications. Reissued: San Diego, CA: Singular, 1996. (entire book freely available on the International Cluttering Association website).
- Several of the chapters of Marty Jezer's book, Stuttering: A Life Bound Up In Words,
- Translations of Two Stuttering Foundation Brochures (www.mnsu.edu/comdis/isad10/papers/translation10/translation10.html)
 - 6 Tips For Speaking With Someone Who Stutters - in English, Dutch, French, Russian, German, Bulgarian, Norwegian, Icelandic, Japanese, Albanian, Danish, Hebrew, Czech, Portuguese, Nepalese, Chinese, Hindi, Spanish, Korean
 - 7 Ways to Help the Child Who Stutters - in English, Dutch, French, Russian, German, Bulgarian, Norwegian, Icelandic, Japanese, Albanian, Danish, Hebrew, Czech, Portuguese, Nepalese, Chinese, Hindi, Korean

Educating Parents About Stuttering

All of the suggestions below contain excellent information for parents of children who stutter. The clinician is encouraged to study what is available and match it to the needs of the family.

- Starkweather, et. al. Stuttering Prevention: A Manual for Parents (<http://www.mnsu.edu/comdis/kuster/Parents/starkweather.html>)
- Hood's Helping Children Talk Fluently: Suggestions for Parents (<http://www.mnsu.edu/comdis/kuster/Parents/Parentsinfo.html>)
- A Guide For Parents Of Children Who Stutter (NSA information) (<http://www.mnsu.edu/comdis/kuster/Parents/Parentsguide.html>)
- Ramig's To the Parents of the Nonfluent Child (<http://www.mnsu.edu/comdis/kuster/Parents/ramigparents.html>)
- BSA's Parents of School-Age Children (http://www.stammering.org/parents_info.html)
- BSA's The first time... How do I start a conversation with my child about stammering? (http://www.stammering.org/first_time.html)
- Stuttering and Your Child: Help for Parents (SFA video) (<http://www.stutteringhelp.org/Default.aspx?tabid=492>) - English (<http://www.stutteringhelp.org/Default.aspx?tabid=536>) - Spanish)
- A Message for Parents of Preschool Children Who Stutter (<http://www.nsastutter.org/whoWeHelp/parents/Preschool.htm>)
- Information for Parents of Preschool Children Who Stutter PDF format from The Stuttering Center of Western Pennsylvania (www.mnsu.edu/comdis/isad8/papers/coleman8/parentinfo.pdf)
- "Bucket" Analogy Handout - from The Stuttering Center of Western Pennsylvania (www.mnsu.edu/comdis/isad8/papers/coleman8/bucket.pdf)

Educating Teachers About Stuttering

There is a wealth of materials to help teachers understand stuttering and the special needs of students in their classroom who stutter. The materials listed are of varying lengths, and can be matched to the interest and information needs of the teacher.

- Ramig's To the Teacher of the Nonfluent Child
(<http://www.mnsu.edu/comdis/kuster/InfoPWDS/Ramig2.html>)
- Stuttering Information for Teachers and Parents of Preschoolers
(<http://www.latrobe.edu.au/hcs/projects/preschoolstuttering>)
- Lesson plan for teacher/parent inservice by Brenda Zenorini
(<http://web.archive.org/web/20050408210226/http://udel.edu/~16641/stutteringlink.htm>)
- BSA's Information for Teachers
(http://www.stammering.org/teachers_info.html)
- Stuttering At A Glance: Information for Teachers - from The Stuttering Center of Western Pennsylvania
(www.mnsu.edu/comdis/isad8/papers/coleman8/teacherinfo.pdf)
- NSA's The School-Age Child Who Stutters: Information for Educators
(http://www.nsastutter.org/pdfs/newsletters/m_509.pdf)
- SFA brochure - Notes to the Teacher: The Child Who Stutters at School
(<http://www.stutteringhelp.org/download/0042nttt.pdf>) also available in Spanish (<http://www.stutteringhelp.org/download/0049enqt.pdf>)
- Stuttering: Straight Talk for Teachers -SFA video and book
(<http://www.stutteringhelp.org/Default.aspx?tabid=519>)
book (http://www.stutteringhelp.org/Portals/English/teacher_book_2008.pdf)

TREATMENT IDEAS AND ACTIVITIES

Approaches To Therapy

- Listing of many commercial therapy programs
(<http://www.unl.edu/fluency/allpgms.shtml>) by Charles Healey
- Posters and PowerPoint on various stuttering therapy programs Charlie Osborne's and Linda Hallen's class projects
(<http://www.mnsu.edu/comdis/kuster/journal/journal.html>)
- Manual for the Lidcombe Program (http://www.ttm-espana.com/archivo/manual_lidcombe_en.pdf)
- Manual for the Camperdown Program
(http://www.fhs.usyd.edu.au/asrc/docs/Camperdown_manual_Nov08.pdf)
- A Model for Manipulating Linguistic Complexity in Stuttering Therapy by E. Charles Healey, Lisa Scott Trautman and James Panico
(<http://www.mnsu.edu/comdis/isad4/papers/healey4.html>)
- Normalization of Speech Patterns in People Who Stutter: A Treatment Process by Michael Susca
(<http://www.mnsu.edu/comdis/kuster/TherapyWWW/susca/msusca.html>)
- Study Guide for Charles Van Riper's The Treatment of Stuttering by Darrell Dodge (<http://www.veilsofstuttering.com/documents/vriper.htm>)

Writing goals and objectives

- IEP Goal Bank (<http://www.bridges4kids.org/IEP/iep.goal.bank.pdf>) - 177 page PDF file
- Stuttering Treatment Goals (<http://www.mnsu.edu/comdis/isad8/papers/ppt/coleman8/colemanhandout.pdf>)
- Writing behavioral objectives by Gary Rentschler (http://courses.duq.edu/rentschler/STUTTERING/basic_skills/behavioral_objectives.htm)
- Writing Goals and Objectives Craig Coleman, Rebecca Roccon, and Amy Zerhusen (<http://www.mnsu.edu/comdis/isad8/papers/ppt/coleman8/colemanhandout.pdf>)

Educating Children and Adults About Their Stuttering

Recognizing/evaluating stuttering/cluttering behaviors

Audio

- Podcast by Eric Jackson and Peter Reitzes (<http://www.StutterTalk.com>)
- Voices - Past and Present (<http://www.mnsu.edu/comdis/voices/voices.html>)

Video (YouTube and Google videos)

- Stammering is no joke by Les Geddes (<http://www.youtube.com/watch?v=-epHaW8nTJQ>)
- Transcending Stuttering by Phil Schneider (<http://video.google.com/videoplay?docid=-8018851933497152830&ei=RIRLS-GoJaieqAKIuOWODA&q=transcending+stuttering+phil+schneider&view=2#>)
- Messages About Self-Help From Around The World - 20 3-minute videos of stuttering in 16 different languages (<http://www.mnsu.edu/comdis/isad10/papers/videos10/videos10.html>)
- Putting Cluttering on the World Map contains an audio example of cluttering (<http://www.mnsu.edu/comdis/isad10/papers/myers10.html>)
- Stuttering: For Kids, By Kids produced by the Stuttering Foundation of America (www.stutteringhelp.org/default.aspx?tabindex=486&tabid=496)
- Stuttering: Straight Talk for Teens (SFA video) (<http://www.stutteringhelp.org/Default.aspx?tabid=491>)

On-line materials/activities

- Just for Kids (<http://www.mnsu.edu/comdis/kuster/kids/kids.html>)
- Frequently Asked Questions from Kids Who Stutter answered in language they can understand (<http://www.mnsu.edu/comdis/kuster/kids/kidfaq.html>)
- Stuttering from KidsHealth (<http://kidshealth.org/kid/feeling/emotion/stuttering.html>)

- Some Things Everyone Should Know About Stuttering by Diane Games (www.mnsu.edu/comdis/isad8/papers/ppt/ppt8.html#games)
- Stuttering: Fact or Fiction by Irv Wollman and Katrina Zeit (<http://www.mnsu.edu/comdis/isad8/papers/ppt/wollman8/wollman.ppt>)
- Disfluency: A WebQuest for Grades 4-6 by Carolyn Wuertz. (http://usiweb.usi.edu/students/2003/v_w_x_y_z/wuertz_c/Introduction.html)
- Stuttering Awareness Game (<http://www.quia.com/cb/2807.html>)
- Stuttering Jeopardy by Judy Kuster (www.mnsu.edu/comdis/isad9/papers/therapy9/stutteringjeopardy.ppt) adapted by template available at (www.mnsu.edu/comdis/isad9/papers/therapy9/jeopardytemplate.ppt)
- Stuttering Jeopardy - another Jeopardy PowerPoint activity to be used as is or adapted to help people learn about stuttering. (www.mnsu.edu/comdis/kuster/kids/jeopardy.html)
- Time Pressure Power Point by Diane Games (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/games10.html>)
- You Are In Control - a game for children who stutter, their friends, and family, to understand how some things help make stuttering better, and some things make it worse. This activity first appeared in STAFF, February 1992 (a newsletter from Aaron's Associates). Reprinted here for non-commercial use with the permission of the editor, Janice Westbrook. (www.mnsu.edu/comdis/kuster/TherapyWWW/youareincontrol.pdf) This activity first appeared in STAFF, February 1992 (a newsletter from Aaron's Associates).

On-line children's books/stories about stuttering

- Sometimes I Just Stutter by Eelco de Geus (www.stutteringhelp.org/Portals/english/sometimes_stutter.pdf)
- Boo Goodnight to Halloween (www.mnsu.edu/comdis/kuster/kids/boo/index.html) by Tracy Harrison
- The Can't Be Seen Who Couldn't Squawk by Dale Williams (<http://www.mnsu.edu/comdis/isad11/papers/dwilliams11/dwilliams11.html>)
- ^a Stuttering Stan Takes a Stand - (<http://lightupyourbrain.com/stuttering-stan.html>)
- Tarby Rockets to Slower Speech by Craig Coleman and Mary Weidner (<http://www.mnsu.edu/comdis/isad12/papers/therapy12/coleman12.html>)
- Jeremy and the Hippo: A Boy's Struggle with Stuttering by Gail Wilson Lew (www.mnsu.edu/comdis/ISAD3/papers/jeremybook/jeremy1.html)
- Rufus Likes to Talk a children's story/coloring book by Nina A. Reardon, MS CCC-SLP and illustrated by Brit W. Kohls can be downloaded as a PDF file. (<http://www.interactivedesigns.org/nsa-caz/documents/rufus%20talks.pdf>)
- Angel Loves to Talk by Nina Reardon, illustrated by Brit W. Kohls. A story/coloring book in PDF format. (<http://www.interactivedesigns.org/nsa-caz/documents/angel.pdf>)

- Changing the Words Around by Alan Badmington (Wales, UK) and illustrated by Christine Badgett-Richards (<http://www.mnsu.edu/comdis/isad7/papers/badmington7/badmington17.html>)

Knowing that the person who stutters is not alone

- Famous People Who Stutter by Nina Reardon-Reeves (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/reardon10.html>)
- PWS Speak for Themselves (<http://www.mnsu.edu/comdis/kuster/PWSspeak/PWSspeak.html>)
- Just for Kids (<http://www.mnsu.edu/comdis/kuster/kids/kids.html>)
- Looking Back and Looking Forward: It Gets Easier (www.mnsu.edu/comdis/isad7/papers/bridgebuilders7/bridgebuilders7.html) - short articles written by adults who stutter, especially for teens who stutter.
- The Real World: Some occupations of PWS (<http://www.mnsu.edu/comdis/kuster/kids/teens.html#jobs>)
- Stuttering Didn't Stop Them! (<http://www.mnsu.edu/comdis/isad7/papers/famous7/famous7.html>)
- Key pals for kids (<http://www.mnsu.edu/comdis/kuster/kids/kids.html#key>)
- Stutter Buddies (<http://www.nsastutter.org/whoWeHelp/parents/Kids-Newsletter-Stutter-Buddies.htm>)_NSA newsletter for kids
- Reaching Out (<http://www.friendswhostutter.org/reachout.asp>) A Friends newsletter for kids

Therapy Activities/Ideas

- Treating the School-Age Stutterer by Peter Ramig, et. al. is a 40-page handout filled with suggestions focusing on twelve components of stuttering intervention. (www.mnsu.edu/comdis/kuster/TherapyWWW/components/treatschoolage.html) Also available in PDF format (http://web.archive.org/web/*/http://www.stutteringrecovery.com/childinterv.PDF)

Examples of Materials That Can Be Adapted for Therapy by Judy Kuster (<http://www.mnsu.edu/comdis/kuster2/sptherapy.html>)

Goal: Establishing fluency through increasingly longer and more complex stimuli

- **single syllable/word level**
 - ABC dot-to-dot (<http://www.kidsrcrafty.com/dot-to-dot.htm>)
 - Hangman activities (<http://www.mnsu.edu/comdis/kuster4/part64.html>)
 - Nina loves to name things (<http://teacher.scholastic.com/activities/bll/nina/index.htm>)
 - Rebus Rhymes (<http://www.enchantedlearning.com/Rhymes.html>)
 - What doesn't belong (<http://www.dotolearn.com/games/whatsdifferent/index.htm>)

- picture cards
- Beyond Autism Pecs Pictures (<http://trainland.tripod.com/pecs.htm>)
- What's in the Bag?
(http://www.readwritethink.org/materials/in_the_bag/index.html)
- **phrase level**
 - What color is Bud?
(<http://www.dotolearn.com/games/whatcolor/pages/index.html>)
 - DLTK's Custom Bingo Cards (<http://www.dltk-cards.com/bingo/bingo1.asp>)
 - DLTK's Custom Memory Cards (<http://www.dltk-cards.com/memory/index.htm>)
 - Things to sort (http://k-8visual.info/dLoad_ThingsToSort.html) - living (animals, plants) nonliving (solid, liquid, gas)
- **sentence level**
 - Colored verb cards (<http://www.kizclub.com/verbcards.htm>)
 - Sentence Sequencing DLTK (<http://www.dltk-teach.com/alphabuddies/sequence/sentence.htm>)
 - Speech Teach UK downloads
(http://www.speechteach.co.uk/p_general/downloads.htm)
 - Word Dice - enter words, roll the dice and make up a sentence
(<http://www.crickweb.co.uk/assets/resources/flash.php?&file=worddice>)
- **story level**
 - Brown Bear (<http://www.dltk-teach.com/books/brownbear/index.htm>)
 - Little Red Riding Hood (<http://www.dltk-teach.com/rhymes/littlered/1.htm>)
 - Three Little Pigs
(<http://www.crickweb.co.uk/assets/resources/flash.php?&file=storyseq>)
- **conversation level**
 - Story starters
(http://atozteacherstuff.com/Printables/Story_Starters/index.shtml)
 - What If (<http://www.kinderkorn.com/starters.html>)
 - Thinkquest - You're the Detective Story Starters
(<http://library.thinkquest.org/5109/>)
 - Storystarters (<http://www.meddybemps.com/9.700.html>)

Techniques for working on specific stuttering behaviors/goals

• Educating About The Normal Speaking Process

- Our First Talk about Talking - a 6-page booklet with pictures children can color
(www.mnsu.edu/comdis/kuster/TherapyWWW/ourfirsttalk.pdf)
- How do People Talk? (<http://www.unl.edu/fluency/howtalk.shtml>) by E. Charles Healey
- Teaching the Normal Speaking Process by Gary Rentschler
(http://www.slp.duq.edu/rentschler/STUTTERING/therapy_skills/normal.htm)

- Phonetics: The Sounds of American English
(<http://www.uiowa.edu/~acadtech/phonetics/>)
- Speech Guy, free sample from TherasImplicity (www.therasimplicity.com)

• **Increasing Awareness of the complex nature of stuttering**

- Fluency Rubrics by Wendy Burns
(<http://www.mnsu.edu/comdis/isad10/papers/therapy10/burns10/burns10.html>)

• **Goal setting suggestions**

- Conversations About Stuttering by Judy Butler
(<http://www.mnsu.edu/comdis/isad10/papers/therapy10/butler10.html>)
- Goal Setting: Optimism sprinkled with a pinch of realism by Andy Floyd
(<http://www.mnsu.edu/comdis/isad10/papers/therapy10/floyd210.html>)
- Do you really know what your client thinks?: Therapy by Listening by Lynne Shields
(<http://www.mnsu.edu/comdis/isad10/papers/therapy10/shields10.html>)
- Which Behavior Can I Change? by Diane Games
(<http://www.mnsu.edu/comdis/isad10/papers/therapy10/games102.html>)

• **Controlling speaking rate**

Using technology

- Working on Speech Rate Program by Joseph Kalinowski and colleagues (<http://www.speechrate.com>)
- Altered Auditory Feedback a free software program for PCs designed by Richard Arenas (<http://myweb.uiowa.edu/rarenas/index.htm>)
- Fluency Coach - free software for PC for people who stutter to experience Altered Auditory Feedback/choral speech
(<http://www.fluencycoach.com/download.php>)

Other suggestions

- Motormouths Don't Make Sales
(<http://sbinfocanada.about.com/od/speakforsuccesscourse/a/speechlesson4.htm>)
- Help for the Speedy Speaker: Techniques for Slowing Down a Fast Rate
(<http://web.archive.org/web/20061215062509/http://members.aol.com/cillae/>)
- The Journal of Stuttering Therapy, Advocacy and Research - two articles on teaching pauses
(<http://www.journalofstuttering.com/ListofArticles.html>)
- Using Slow Speaking Rate by Gary Rentschler
(http://www.slp.duq.edu/rentschler/STUTTERING/therapy_skills/techniques.htm)
- St. Louis, K. O., Raphael, L. J., Myers, F. L., & Bakker, K. (2003, Nov. 18).

Cluttering Updated, The ASHA Leader, pp. 4-5, 20-22. (Under the section "Slowing Rate")

(<http://www.asha.org/Publications/leader/2003/031118/f031118a.htm>)

- Read along with familiar on-line audio books
 - On-line collection of Aesop's Fables - (<http://www.aesopfables.com/aesopsel.html>)
 - Electronic Books and On-line Reading (<http://eduscapes.com/tap/topic93.htm>)
 - Gutenberg project audio books (<http://www.gutenberg.org/browse/categories/1>)

- **Modifying the stuttering moment**

- Tips for Teaching Therapy Targets by Gary Rentschler - Using light articulatory contacts, pull-outs, syllable stretch, and more (http://www.slp.duq.edu/rentschler/STUTTERING/therapy_skills/techniques.htm)
- Fluency Yahtzee: A Game of Choice by Ellen Bennet (<http://www.mnsu.edu/comdis/isad9/papers/therapy9/bennett9.html>)

- **Transferring**

- Speaking Outside the Box by Joan Cahalan (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/cahalan10.html>)
- Jock Transfer by Dale Williams (<http://www.mnsu.edu/comdis/isad9/papers/therapy9/williams9.html>)
- Employing the MSAM in Attaining, Maintaining & Transferring Fluency in the Schools (<http://www.mnsu.edu/comdis/isad7/papers/monkhouse/monkhouse7.html>) by Kay Monkhouse
- Self & Double Charting: A Self-Monitoring Strategy for School-Age Children Who Stutter (<http://www.mnsu.edu/comdis/isad9/papers/chmela9.html>) by Kristin Chmela
- A Social Interaction activity for teens and adults who stutter by Lori Melnitsky (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/melnitsky10.html>)
- Using infomercials in therapy by Nina Reardon-Reeves (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/reardon210.html>)

- **Desensitization**

- Stuttering Survey For Desensitization Work PDF format from Judith Eckardt (<http://www.mnsu.edu/comdis/isad7/papers/eckhardt7/stutteringsurvey.pdf>)
- Dealing with Avoidances, Fears, and Attitudes Through a Hierarchy by Michael Nawrocki and Katie Dauer (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/dauer10.html>)

- The Why and the How of Voluntary Stuttering (<http://www.mnsu.edu/comdis/isad8/papers/reitzes8.html>) by Peter Reitzes and Massimiliano Marcchiori
- From the British Stammering Association, an article, Facing the Authorities by Stuart Ford, Ron Kennedy and Carl Robison about a workshop who aim was for participants to practice "newly acquired communication skills by 'acting out' stressful situations with the authority figures who were not actors but volunteers from real life." (www.stammering.org/facing_authorities.html)
- Bill Murphy, Empowering Children Who Stutter: Reducing Shame, Guilt, and Anxiety (www.mnsu.edu/comdis/kuster/TherapyWWW/murphy.html) This material was originally presented as a session at the ASHA convention, Seattle, WA, 1996.

• Ideas for working on telephone fears

- Using the Phone (from SFA) (<http://www.stutteringhelp.org/Default.aspx?tabid=154>)
- Phone Problem Suggestions (from Fred Dietrich) (<http://www.mnsu.edu/comdis/kuster/Infostuttering/dietrich.html>)

• Self-esteem issues

- Making My Own Way: Empowering Children Who Stutter - by Jackie Biagini and Judy Butler, (<http://www.mnsu.edu/comdis/kuster/TherapyWWW/butler.pdf>) is a workbook "designed to foster trust, self-confidence, and interpersonal communication skills with set goals and a plan to achieve them." . Use of this manual is explained in an article by Butler and Biagini, Journal Writing for Children Who Stutter (<http://www.mnsu.edu/comdis/ISAD3/papers/butler.html>)
- Me Book (<http://www.enchantedlearning.com/crafts/books/allaboutme/>)
- All about me book (<http://www.kidprintables.com/allaboutme/>)
- I Am Special Book to print out. (www.alphabet-soup.net/me/specialbook.html)
- Everyone's Different (<http://www.mnsu.edu/comdis/isad7/papers/badmington7/badmington27.html>)
- Being Real by David Shapiro (<http://www.mnsu.edu/comdis/isad10/papers/messages10/shapiro10.html>)

• Self-disclosing about Stuttering

- Gallery of Childrens' Art about stuttering. When words aren't enough it has been suggested that children draw pictures to express themselves. This "gallery" contains over 50 pictures of stuttering drawn by children and teens. (www.mnsu.edu/comdis/ISAD3/papers/gallery/albumindex.html),
- Stuttering Interviews by Peter Reitzes (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/reitzes10.html>)
- Dear Abby Letters: Talking Openly About Stuttering by Peter Reitzes (www.mnsu.edu/comdis/isad9/papers/therapy9/reitzes29.html)

- Helping Children Who Stutter Become Their Own Advocates - reproducible pictures that can be used to assist children in explaining stuttering to parents, teachers, classmates (www.mnsu.edu/comdis/kuster/therapypics/pictures.html)
- My Stuttering Web Page - by John, 4th grade (<http://www.mnsu.edu/comdis/kuster/kids/goodstuff/john.html>)
- Stuttering is Okay by Luc Tielens and Timothy (www.mnsu.edu/comdis/isad9/papers/therapy9/tielens9.html)

• **Presentations in the Classroom**

- John Ahlback, a high school teacher who stutters, has written a Stuttering Presentation Guide (www.mnsu.edu/comdis/kuster/kids/ahlbackguide.html) or (www.friendswhostutter.org/pdfs/FRIENDS_Stuttering_Presentation_Guide.pdf) to help young people who stutter with ideas for class presentations.
- Allison's Play about Stuttering by Allison, age 9 (www.mnsu.edu/comdis/kuster/kids/goodstuff/allison.html)
- My Powerpoint Presentation for my Class by Joseph Bates (<http://www.mnsu.edu/comdis/isad7/papers/presentations7/bates7.html>)
- My Story: A PowerPoint Teaching Tool (<http://www.mnsu.edu/comdis/isad9/papers/therapy9/games9.html>)
- Tom Kehoe's Science Fair Projects for Students Who Stutter (www.mnsu.edu/comdis/kuster/kids/scienceexperiments.html)
- Class visits for children who stutter (www.unl.edu/fluency/class.shtml) by Bill Murphy

• **Materials to deal with bullying and teasing**

- Four papers from ISAD online conferences are available with excellent information about dealing with bullying and teasing.
 - An Interview with Caroline: You can do something about teasing! by Lynne Shields & Caroline L. (2002) (<http://www.mnsu.edu/comdis/isad5/papers/shields/shields2.html>)
 - Helping Children Deal with Teasing and Bullying by Marilyn Langevin (2001) (<http://www.mnsu.edu/comdis/isad4/papers/langevin.html>)
 - What Parents Can Do For Your Child When He Is Being Teased For Stuttering by Gail Wilson Lew (2000) (<http://www.mnsu.edu/comdis/ISAD3/papers/lew.html>)
 - Speech Pathologists Can Help Children Who Are Teased Because They Stutter by Bill Murphy. (2000) (<http://www.mnsu.edu/comdis/ISAD3/papers/murphy.html>)
- Creating Stories About Our Heros by Judy Butler and Marybeth Allen (<http://www.mnsu.edu/comdis/isad7/papers/presentations7/butler7/butler7.html>)
- Trouble at Recess - free download from the Stuttering Foundation about being teased (www.stutteringhelp.org/Portals/English/book0034.pdf)

- Connie Dugan's "Teasing Inventory" in html (www.mnsu.edu/comdis/kuster2/therapy/teasinginventory.html) or PDF format (www.mnsu.edu/comdis/kuster2/therapy/teasinginventory.html).
- Teasing from kids for kids - how I've been teased, how I feel when I'm teased, and what I can say or do when I get teased. (www.mnsu.edu/comdis/kuster/kids/kids.html#teasing)
- Bullying Activity (<http://web.archive.org/web/20070304102747/http://www.bullying411.com/gamesFun/images/Fortune+Teller.gif>)
- The Don't Laugh at Me (<http://www.dontlaugh.org/>) program is part of the Operation Respect project, whose goal is to eliminate bullying in the schools.
- Its My Life - information for teachers, games and quizzes for kids about bullying, Building A Classroom Community and Bully-Free Zone (http://pbskids.org/itsmylife/parents/lesson_plans/bullies_classroom_community.html)

- **Additional sites to explore for therapy activity ideas**

- Clinical Nuggets (<http://www.mnsu.edu/comdis/kuster/clinicalnuggets.html>) from ASHA Division 4 newsletter
- Stuttering Therapy Homepage (<http://www.slp.duq.edu/rentschler/STUTTERING/stuttering.htm>) - from Gary Rentschler
 - Basic Skills (http://www.slp.duq.edu/rentschler/STUTTERING/basic_skills/basic_skills.htm)
 - Therapy Skills (http://www.slp.duq.edu/rentschler/STUTTERING/therapy_skills/therapy_skills.htm)
 - Activities for Individual Therapy (http://www.slp.duq.edu/rentschler/STUTTERING/therapy_skills/act_individ.htm)
- Treating School-Age Children Who Stutter: Objectives and Activities a powerpoint and handout with lots of therapy ideas by Craig Coleman, Rebecca Roccon, and Amy Zerhusen (<http://www.mnsu.edu/comdis/isad8/papers/ppt/ppt8.html#coleman>)
- These are a few of my favorite things by Judith Eckardt (<http://www.mnsu.edu/comdis/isad7/papers/eckhardt7/eckhardt7.html>)
- Hidden Treasure of Stuttering Resources by Greg Coleman (<http://www.mnsu.edu/comdis/isad8/papers/coleman8/coleman8.html>)
- Using essays in therapy by Dale Williams (<http://www.journalofstuttering.com/1-1/Williams.2006.JSTAR.1.7-15.pdf>)

- **Group activities and workshops**

- Working With Kids who Stutter in After-School and Summer Camp Groups (<http://www.mnsu.edu/comdis/ISAD3/papers/sable.html>) by Julie Sable
- Group Activities from Gary Rentschler (http://www.slp.duq.edu/rentschler/STUTTERING/therapy_skills/act_group.htm)
- My Favorite Activity for Stuttering Therapy: Lost at Sea by Gary Rentschler (<http://www.mnsu.edu/comdis/isad9/papers/therapy9/rentschler9.html>)
- International Stuttering Support Group Project by Michael Sugarman (<http://www.mnsu.edu/comdis/isad8/papers/sugarman8.html>)
- Speaking Freely by John C. Harrison (<http://www.mnsu.edu/comdis/kuster/TherapyWWW/speakingcircles.html>)
- Support Group Activities collected by Judy Kuster's Undergraduate Class in Fluency Disorders and submitted by many people from support groups (<http://www.mnsu.edu/comdis/isad8/papers/kuster8.html>)
- The Chicken and the Alligators - or - How to Facilitate a Support Group Meeting (<http://www.mnsu.edu/comdis/isad4/papers/hicks2.html>) by Russ Hicks
- 101 Things to do at an NSA chapter meeting - many ideas that can be adapted for group therapy (www.westutter.org/memberCenter/101-Things-To-Do.htm)
- Celebrating Me/Taming The Speech Monster Workshop (<http://www.mnsu.edu/comdis/kuster/TherapyWWW/reedworkshop.html>) - ideas for a day-long workshop for children who stutter by Lucy Reed.
- Organizing Your Workshop compiled by Michael Sugarman (<http://www.mnsu.edu/comdis/kuster/workshop/intro.html>)
- FRIENDS & Family Day: One-Day Workshop for Supporting Children Who Stutter & Their Families by Lynne Shields, Susan Short, Ro Ostergaard, Lee Caggiano, and Bill Shannon (<http://www.mnsu.edu/comdis/isad7/papers/shields7.html>)
- A Group Therapy Experience for Adults Who Stutter a powerpoint by Ken St. Louis (<http://www.mnsu.edu/comdis/isad10/papers/therapy10/stlouis.ppt>)

The Schools task Force of ASHA's Special Interest Division 4 (Fluency and Fluency Disorders) has organized some of the information above into

- Internet Resources for Working with Preschoolers Who Stutter (<http://www.mnsu.edu/comdis/kuster/schools/SID4page2.html>)
- Internet Resources for School-based Speech-Language Pathologists Serving Children Who Stutter (<http://www.mnsu.edu/comdis/kuster/schools/SID4page2.html>)

Van Riper's Guest Editorial: To Our Clinicians
(<http://www.mnsu.edu/comdis/kuster/vanriper/articles/editorial.html>)

Copyright Judy Kuster 2010